

Fundamentals of Acting

Theatre Workshop with Chris Jackman

Tuesday evenings, 7:00 - 8:30pm
October 13 - November 17, 2026

Whether you're new to the stage or a seasoned performer, this 6-week class is for you! Our Fundamentals class covers the essentials of stage performance, including units on movement, vocal technique, storytelling, script analysis, character work, and improvisation. We'll be using a combination of technical and play-based exercises, as well as 1-1 coaching to help you meet your personal goals. Participants can expect to increase their comfort with public performance, sharpen their skills, and have a great time doing it!



Facilitator Chris Jackman (he/him) is co-owner and resident director of the Old Confidence Lodge. Professional credits include directing with Lunenburg Theatre Collective, Musical Stage Co., Camber Arts, LaSalle Theatre, and Open Corps Theatre. He has over 20 years experience as a theatre educator and program developer, and holds a PhD in theatre and performance studies from University of Toronto, with a focus on actor training.



South Shore Players
123 Empire Street, Bridgewater

Registration: \$80, age 16+
workshops@southshoreplayers.ca